

OLL PE Syllabus 3rd – 5th GRADE

Course Title: Physical Education
Teacher: Matthew Bartlett
Phone #: (321) 723-6860
Email: bartlettm@ollmelbourne.org

Purpose of Physical Education:

To nurture the development of the “physically educated person”, this will lead to the ultimate mission of promoting healthy and physically active lifestyles.

Grading System:

Each student can earn 10 points each PE class. The ten points will include **Preparation for class (2pts.), Participation (3pts.), Sportmanship/Behavior (3pts.), and Skills Tests (2pts.)**. On days that there are no skills tests, participation and sportmanship/behavior will each be worth 4 points and preparation for class will still be worth 2 points. Students are expected to come to class wearing their PE uniform and sneakers. During the first semester 3rd grade uses O, S, N, and U.

<u>POINTS</u>	<u>GRADE</u>	<u>3rd Grade-First Semester</u>
90-100	A	O
80-89	B	S
70-79	C	N
60-69	D	N
0-59	F	U

YEARLY PLAN

- Orientation (rules, rewards, consequences, procedures)
- Fitness Assessment
- Body Management/Gymnastics/Dance
- Soccer
- Volleyball
- Flag Football
- Basketball
- Track
- T-Ball
- Individual/Dual Sports (tennis, golf, badminton, etc.)

All activities will be modified so the students will be challenged, but still successful. Exercise and nutrition will be consistently taught throughout the school year.